



Seed List and Order Form 2024

A selection of direct-seeded vegetables, herbs and flowers from William Dam Seeds in Ontario. I've been purchasing seeds from this seed company for a number of years and have always been very pleased with the quality and vigour of their seeds. All seeds from William Dam Seeds are untreated and have been so for over sixty-five years.

Seeds are \$3.50 per packet plus gst. To order, fill in the order form below and call, text or email me your order (contact info is in the letterhead). Payment is due upon ordering. Seeds will also be available at the greenhouse, 103121 Alaska Highway, open on the weekends in May and June. Opening day is Friday May 3!

Quantity		Quantity	
VEGETABLES			
Arugula <i>OP/40 days</i> Nutty, mildly spicy large-lobed leaves, succession seed for continuous harvest.		Corn Salad 'Large Leaf Round' <i>OP/40days</i> Rosettes of dark green oval leaves with mild nutty flavour. For spring or fall sowing, as it bolts in the heat.	
Bean (Bush) 'Provider' <i>OP/50days</i> High yields of 6" long, tender green beans.		Cress <i>OP/40 days</i> Known as peppergrass, this spicy, highly serrated green is delicious on cream cheese sandwiches. Succession seed for continuous harvest.	
Bean (Pole) 'Scarlet Greshen' <i>OP/54 days</i> Classic runner bean with scarlet flowers and long, flat, tasty pods.		Kale 'Red Russian' <i>OP/50 days</i> Grey-green leaves and red stems make this kale pretty enough for the flower garden. Tender, sturdy leaves sweeten the colder the weather gets.	
Bean (Pole) 'Isabel' <i>OP/55 days</i> Vigorous vines produce round, slender pods with excellent flavour.		Kale 'Westlandse' <i>OP/60 days</i> Heirloom variety with finely curled green leaves, prolific and tasty.	

<p>Beet 'Early Wonder Tall Top' <i>OP/60days</i> Round, sweet red roots, with delicious tops too.</p>		<p>Lettuce 'Parris Island Cos' <i>OP/68 days</i> Dark green romaine lettuce, with creamy white hearts. Great flavour and grows well in our climate.</p>	
<p>Carrot 'Royal Chantenay' <i>OP/65 days</i> Good variety for heavy soils, with great carrot taste. Excellent for both fresh eating and storage.</p>		<p>Lettuce 'Red Salad Bowl' <i>OP/45 days</i> A cut-and-come again leaf lettuce with bronze red, tasty oak-leaf shaped leaves.</p>	
<p>Chicory 'Catalogna Special Laguna' <i>OP/48 days</i> Italian dandelion – get your bitter greens here! Used as baby salad greens or full size for bunching.</p>		<p>Lettuce 'Royal Oakleaf' <i>OP/45 days</i> A cut-and-come again leaf lettuce with green, succulent, oak-leaf shaped leaves.</p>	
<p>Lettuce 'Buttercrunch' <i>OP/50 days</i> This butterhead lettuce forms sweet, compact heads of creamy green.</p>		<p>Radish 'Cherry Belle' <i>OP/26 days</i> Round, red roots with great flavour. Good for coldframes. Succession seed for continuous harvest.</p>	
<p>Lettuce 'Great Lakes 659' <i>OP/85 days</i> An Heirloom iceberg lettuce, crisp and sweet.</p>		<p>Radish 'French Breakfast' <i>OP/25 days</i> Heirloom variety with tasty, oblong roots that have white tips and red shoulders. Succession seed for continuous harvest.</p>	
<p>Mizuna <i>OP/45 days</i> Mild mustard with sharply serrated leaves. The bees love the flowers, so let some go to seed. Succession seed for continuous harvest.</p>		<p>Rutabaga 'Laurentian' <i>OP/90 days</i> Globe-shaped roots with purple shoulders and yellow flesh. Sow in early summer to prevent bolting. Good storage vegetable.</p>	
<p>Mustard 'Red Giant' <i>OP/45 days</i> Robust green leaves with red edges. Succession seed for continuous harvest.</p>		<p>Spinach 'Bloomsdale Dark Green' <i>OP/50 days</i> High yields of glossy, dark green, slightly-savoyed leaves. Succession seed for continuous harvest.</p>	
<p>Parsnip 'Albion Hybrid' <i>F1/115 days</i> Long roots with white flesh are uniform and reliable. A delicious winter vegetable.</p>		<p>Sweet Corn 'Caffe F1' <i>Hybrid/66 days</i> Earliest yellow sweet corn for Northern climates. Sow once soil has warmed up or indoors and transplant without disturbing roots.</p>	

<p>Pak Choy 'Canton White Stem' <i>OP/50 days</i> Compact pac choy with white stems and dark green leaves. Succession seed for continuous harvest.</p>		<p>Swiss Chard 'Bright Lights' <i>OP/57 days</i> Multi-coloured stems are pretty enough for the flower garden. Large juicy stalks with dark green leaves.</p>	
<p>Pea (Snap) 'Super Sugar Snap' <i>OP/65 days</i> Climbing vines produce abundant amounts of sweet, juicy 3" long peas. You can eat the whole pod!</p>		<p>Swiss Chard 'Lucullus' <i>OP/59 days</i> Heirloom variety with light green, lightly savoyed leaves with excellent flavour.</p>	
<p>Pea (Shelling) 'Grundy-Perfect Arrow' <i>OP/63 days</i> High yields of 4" long pods filled with tasty peas. Good for fresh eating and freezing.</p>		<p>Tatsoi <i>OP/45 days</i> Spoon-shaped, dark green leaves. Tender and tasty, succession seed for continuous harvest</p>	
<p>Purslane 'Golden' <i>OP/55 days</i> A very old garden plant, grown since Roman times. Upright growth habit for easy picking. High in antioxidants.</p>		<p>Turnip 'Purple Top White Globe' <i>OP/60 days</i> Crisp, mild and sweet, this summer turnip can be eaten raw or cooked. For tender roots, pick at 3" size.</p>	
HERBS			
<p>Basil 'Sweet' <i>OP</i> Large-leafed green basil. Best started indoors and transplanted to greenhouse. Pinch out growing tips to encourage side shoots.</p>		<p>Cilantro 'Santo' <i>OP</i> Slow bolting variety with large flat leaves. Allow some cilantro to flower, it provides excellent habitat and food for beneficial insects. Succession seed for continuous harvest.</p>	
<p>Dill 'Bouquet' <i>OP</i> Tall plants with many feathery leaves. Allow some dill to flower, it provides excellent habitat and food for beneficial insects. Succession seed for continuous harvest.</p>		<p>Chia <i>OP/Salvia hispanica</i> Popular seed used in nutritional snacks. Bushy green plants with blue flowers.</p>	
<p>Cumin <i>Cumin cyminum/A</i> The classic seed in many cuisines. Fine foliage and flowers benefit from staking.</p>		<p>Salad Burnet <i>Sanguisorba minor/P</i> Young leaves add cucumber flavour to salads. Use as a savoury herb. Direct seed or start in large plugs and transplant.</p>	
FLOWERS			
<p>Amaranthus 'Red Tails' <i>Amaranthus caudatus/A</i> Also know as Love-Lies-Bleeding, an old-fashioned country garden plant, with trailing ropes of bright red flowers</p>		<p>Nigella 'Miss Jekyll Mix' <i>Nigella damascena/A</i> Also known as Love-In-A-Mist, this pretty, easy to grow annual has exotic-looking flowers in a mix of blue, white and rose shades. Unusual seed pods too!</p>	

<p>Bachelor's Buttons 'Artistic Magic Mix' <i>Centaurea cyanus/A</i> Lovely flower shades from pale pink to dark plum. Great for pollinators and easy to grow.</p>		<p>Orlaya 'White Lace' <i>Orlaya grandiflora/A</i> Fragrant, small, white flowers form large umbels, perfect for pollinators. Great cut flower, best in full sun.</p>	
<p>Bachelor's Buttons 'Blue Boy' <i>Centaurea cyanus/A</i> The classic, clear blue cornflower, great for pollinators and easy to grow.</p>		<p>Phacelia 'Bee Friend' <i>Phacelia tanacetifolia/A</i> An outstanding plant for bees and beneficial insects. Whorls of soft purple flowers on lacey foliage</p>	
<p>Celosia 'Pampas Plume' <i>Celosia plumosa/A</i> Airy plumes in a wide range of colours. Drought tolerant once established, best in full sun.</p>		<p>Poppy 'California Poppy' <i>Eschscholzia californica/A</i> Fine, ferny foliage support bright orange blooms. Easy to grow and great for pollinators.</p>	
<p>Clarkia 'Choice Mix' <i>Clarkia elegans/A</i> Great cutflower, with fully double blooms in a range of white, pink and purple shades. Best in full sun.</p>		<p>Poppy 'Prickly Poppy' <i>Argemone platyceras/A</i> Poppies are great plants for pollinators. Prickly poppy has large, white, papery blooms.</p>	
<p>Coreopsis 'Incredible Mix' <i>Coreopsis x hybrida/A</i> Easy to grow flower, with a range of flower colours from yellow to burgundy. Great for pollinators.</p>		<p>Poppy 'Double Shirley Mix' <i>Papaver rhoeas/A</i> Double flowers in shades of pink, red, rose, white and salmon. Great for pollinators and easy to grow.</p>	
<p>Emilia 'Scarlet Magic' <i>Emilia coccinea/A</i> An uncommon summer garden flower. Small red flowers and an airy growing habit.</p>		<p>Sunflower 'Autumn Beauty' <i>Helianthus annuus/A</i> Multibranched plants sport sunflowers in shades of red, brown and yellow. A great cutflower.</p>	
<p>Malcolmia 'Spring Sparkle' <i>Malcolmia maritima/A</i> An easy to grow, dwarf plant covered with delicate flowers in shades of rose to lilac blue.</p>			
<p>Nigella 'Blue Stars' <i>Nigella bucharica/A</i> An unusual Nigella, with star-like blue flowers growing over the whole plant. Easy to grow, best in full sun.</p>			

GREEN MANURES AND COVER CROPS

Green manures are used to add organic matter to soil. They are cut down and incorporated into the soil (planting where the green manure crop was growing happens 4-6 weeks after tilling or the following season). The added organic matter feeds the soil's microbes (soil microbes are a very important part of the soil food web). Healthy, productive soil has a healthy population of soil microbes. In the process of feeding on the organic matter, soil microbes are breaking down and converting that organic matter into nutrients, which then feed the plants we want to grow! Green manures can be sown in fallow sections of the garden or where crops won't be grown in a season or sown after a crop is removed. Green manures are generally annuals. Using a legume, such as clover, also fixes nitrogen, which will be available for the next season's crop. Cover crops are used to protect soil from erosion and compaction and they are generally sown in autumn. They are incorporated into the soil the following spring. Cover crops can also be interseeded with annual crops, providing pathways or acting as a living mulch.

<p style="text-align: center;">Buckwheat <i>Fagopyrum esculentum/Annual</i> (certified organic seed)</p> <p>The fastest growing summer green manure. It's fast growth makes it a great smother crop for other weeds. Buckwheat is an excellent scavenger of Phosphorous and Potassium (two of the macro-nutrients that plants need to thrive), making it available for the next crop. Plant when soil has warmed up and danger of frost is past. Buckwheat should not be allowed to flower, so allow to grow for 4-6 weeks and incorporate it into the soil before flowering occurs.</p>	0.03/gr	<p style="text-align: center;">Phacelia <i>Phacelia tanacetifolia/A</i></p> <p>Fast growing, with a purple flower and abundant foliage, providing a large amount of organic matter. The bonus on this plant is to allow it flower: the fragrant flowers are very attractive to bees and will provide a rich nectar source til frost. Use as a green manure or cover crop in areas that aren't being used and sow in spring. Phacelia germinates best in darkness, so be sure to cover seed well. Incorporate into soil in autumn or the following spring. Our solitary bees and bumble bees will thank you!</p>	0.15/gr
<p style="text-align: center;">Crimson Clover <i>Trifolium incarnatum/Annual</i></p> <p>Fast growing, nitrogen-fixing green manure. Sown in spring or early autumn, this legume atmospheric nitrogen gas in nodules on it's roots (this is done through an association with soil bacteria - incredible!). This nitrogen will be available to the following crop. Incorporate into the soil in autumn or the following spring. Large leaves and striking crimson flowers provide a large amount of organic matter. The bees love the flowers too!</p>	0.05/gr	<p style="text-align: center;">White Clover <i>Trifolium repens/Perennial</i></p> <p>A short, perennial clover, ideal for pathways, interseeding in lawns and garden beds or using as a living mulch. Sow in spring, and allow plants to establish before walking on them or mowing. As a legume, it will fix atmospheric nitrogen gas in nodules on it's roots (this is done through an association with soil bacteria – incredible!). This nitrogen will be available to the plants around it. This is a case of plant it and leave it alone, as it's nitrogen-fixing starts after one season's growth.</p>	0.07/gr
		Seed Packets: _____ x \$3.50 =	
		GST @ 5% =	
		Total Seed Packets =	

		Buckwheat: _____gr @ 0.03/gr =	
		Crimson Clover: _____gr@0.05/g =	
		Phacelia: _____gr @ 0.15/gr =	
		White Clover: _____gr @ 0.07/gr =	
		GST @ 5% =	
		Total Green Manure Seed =	

The above seed list may change without notice, appropriate substitutions will be made.

Sow seeds at a depth of three times the size of the seed. The above seeds are direct-seeded, meaning the seeds can be sown directly where they are going to grow, usually outdoors after last frost. Thin or transplant to allow space to grow.**Shipping is available, let me know upon ordering you'd like them mailed and I will add the

shipping costs to your order**